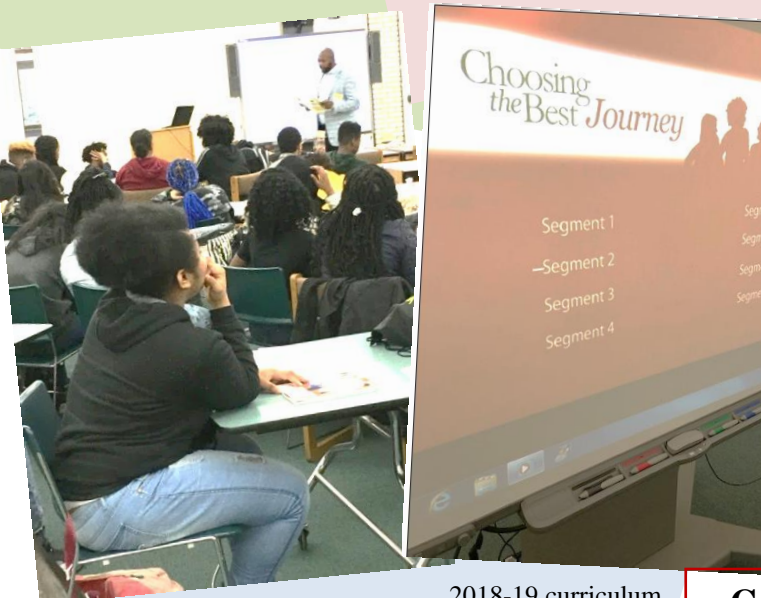


Sexual Risk Avoidance Education

FYSB, ACF, USDHHS – CFDA #93.060
 CJH Educational Grant Services, Inc. (CJH)



Teens gather to watch powerful curriculum videos from *Choosing the Best, Journey* series.



2018-19 curriculum

Dr. Danny Ellis teaches curriculum to youth at Southeast Colligate High School.

Positive Youth Development (PYD)

“SRAE programs must include PYD as part of any risk-avoidance strategies to help participants build healthy life skills and protective factors that mitigate the impact of past and future negative factors, empower participants to make healthy decisions, provide tools and resources to prevent pregnancy and STIs, and prevent youth engagement in other risky behaviors,” (SRAE RFP 2018).

Prevention Education for Teens

Adolescents who voluntarily participate in a new federal initiative called *Sexual Risk Avoidance Education* (SRAE) are offered a chance to learn about healthy lifestyles, positive relationships, and ways to protect themselves from negative influences. SRAE offers an opportunity for teens to learn about sexual risk and the side effects of alcohol, illegal drugs, impulsive thoughts and actions which can lead to unplanned pregnancy or sexually-transmitted infections. The 3-year grant being administered by *CJH Educational Grant Services, Inc.* (CJH) seeks to follow federal guidelines while teaching steps to improve physical and financial wellbeing for a healthy and successful adulthood among youth.

Community partners such as school districts, nonprofits, and churches offer a medically-sound, age-appropriate, research-based curriculum to 850 participants annually from twelve counties. Experienced facilitators deliver *Choosing the Best* (CTB), *Journey series* curriculum after training from publishers.

One of several primary grant objectives is to “teach risk-avoidance skills through methods that do not normalize teen sexual activity as well as the benefits associated with self-regulation, success sequencing for poverty prevention, healthy relationships, goal setting, and *resisting* sexual coercion and dating violence,” (SRAE RFP, 2018). Project success and outcomes are measured by positive effects on attitudes, behaviors and/or intentions of participants.

Previous successful CJH grants include: *Competitive Abstinence Education* (2 rounds at 2 years each), *Healthy Marriage Demonstration Grant* (5 years), and *Compassion Capital Fund* (3 years).

Community Partners Serving At-Risk Youth (2018-2019)

counties

- Blue Springs-Hoke County CDC Brunswick, Hoke, Robeson, Scotland
- Conetoe Family Life Center Edgecombe
- Divine Faith Baptist Church Nash, Edgecombe
- Eastern Carolina Human Services Agency Duplin, Onslow
- Edwards Grove Baptist Church Randolph
- Morning Star Missionary Baptist Church Edgecombe
- Tillery Spectrum Connections Edgecombe, Halifax
- Together Transforming Lives Halifax, Wilson
- Weldon City Schools Halifax
- CJH Swain

Training for SRAE and Partnering Events



Special Thanks to *Shirley Smith*,
Interim Program Assistant



Jewellynne Tinsley (Federal Project Officer) takes a moment with *Gloria Williams-Wilson* at SRAE Grantee training, Arlington, VA (Jan 23-24).

(above) *Weldon City Schools* and *Eastern Carolina Human Services Agency* staff attend SRAE planning meeting (Raleigh - Holiday Inn - Feb 25).

(below) *Cynthia J. Harris* facilitates a workshop with Partners.



Cliff Baskerville (CTB - Atlanta) provides formal curriculum training with Sub-Grantees at *The Arts Conference Event Center* in Knightdale, NC - Jan 10.



Krystina Dillard (Project Evaluator – NCCAA) represents CJH at SRAE Grantee meeting in Arlington, VA (Jan 23-24).



Thoughts from the Curriculum Site Monitor & Trainer

These past four (4) months have been awesome! I have met a lot of great people who believe in the work we're doing here at CJH. The SRAE program is literally changing the lives of teens being served. This is an awesome program, and we have a great group of Partners. I would like to leave facilitators seven (7) Key Steps to becoming a Sub-Grantee of Excellence.

- 1) Always ensure program fidelity, accuracy, and effectiveness.
- 2) Facilitators should present the Choosing the Best curricula per the instructions outlined in the Leader's Guide provided for each lesson.
- 3) Refrain from discussing religion or politics in any context.
- 4) Refrain from expressing value judgments, including sensitive topics such as unwed parents.
- 5) Only conduct activities that are in the Choosing the Best Leader Guide.
- 6) Facilitators should not share their personal sexual risk stories, anecdotes, and/or opinions while presenting the curricula.
- 7) Make sure to maintain and submit program paperwork in a timely manner.

My thoughts until next time...

"Abstinence is what we believe; Self-Regulation is how it's achieved."

-- *Gloria William-Wilson*

Sexual Risk Avoidance – Voluntarily refraining from non-marital sexual activity.

Self-Regulation – The act of managing thoughts and feelings to enable actions for success in school, relationships, and the workplace.

Success Sequencing for Poverty Prevention--Three steps young adults should take to ensure successful economic outcomes when reaching adulthood, include but are not limited to, graduating from high school, working a full time job, and waiting until age 21 to get married and have children (SRAE RFP 2018).

CJH Educational Grant Services, Inc.

P. O. Box 14264, Raleigh, NC 27620-4264
TEL: (919) 832-0306 - FAX: (919) 832-9014

